

Don Bosco School, Bandel

P.O. & Dist. Hooghly - 712 103



SYLLABUS : 2022-23

CLASS - 12

Name : _____

Class : _____ Section : _____

ENGLISH LANGUAGE

1st TERM

Month	Chapters	Topics	No. of Periods
APRIL		1. Descriptive essays	2
		3. Proposal writing	2
		4. Transformation of sentences	2
		5. Tenses	2
MAY		1. Cultural report: i. Book fair	
		ii. Concert, play	3
		2. Comprehension practice Specimen papers 2,3	2
JUNE		1. Report: personal profile Speech writing	4
		2. Transformation of sentences	2
		3. Make sentences: Words with different meanings	1
		4. Tenses	1
JULY		1. Reflective essays	2
		2. Cultural report i. Film festival	
		ii. Exhibition	4
		3. Revision : report : Newspaper report - natural calamity	2
		4. Comprehension practice [Specimen papers 4, 5]	2
		5. Transformation of sentences	1
		6. Phrasal verbs	1
AUGUST		1. Statement of purpose	1
		2. Comprehension practice [Specimen papers 6, 7]	2
		3. Transformation of sentences	1
		4. Prepositions	1
		5. Revision of report writing	4

UNIT TEST : [June] Report Writing, Transformation of sentences

FIRST ASSESSMENT EXAMINATION: Entire First Term Syllabus

2nd TERM

Month	Chapters	Topics	No. of Periods
SEPT.		1. Narrative Essays	3
		4. Sequence of Tenses	2
		5. Revision: Proposal writing	1
OCT.		1. Revision : Report - Book and Film reviews	4
		2. Prepositions and phrasal verbs	3
NOV.		1. Argumentative essays	3
		2. Comprehension practice [Specimen papers 10, 11]	2
		3. Proposal writing	1
		4. Transformation of sentences	3
		5. Use of multiple prepositions	2
DEC.		Revision:	
		i. Story Writing	3
		ii. Newspaper report	2
		iii. Transformation of Sentences	2
		iv. Phrasal verbs	1

PROJECT : Film Review

REVISION TEST: Comprehension and Precis, Report Writing, Transformations.

PRE-BOARD : Entire ISC Syllabus.

ENGLISH LITERATURE

1st TERM

Month	Chapters	Topics	No. of Periods
April	Act 4[scene i]	Drama: Tempest	10
	5	Prose: The Story of an Hour	4
May	1	Poem: The Darkling Thrush	8
June	Act 4[scene i]	Drama: Tempest	8
	8	Prose: The Singing Lesson	4
July	Act 5[scene i]	Drama: Tempest	8
	9	Prose: The Sound Machine	4
	10	Poem: We are the Music Makers	4
August	Act 5[scene i]	Drama: Tempest	4
	4	Prose: To Build a Fire	6
	2	Poem: Birches	6

FIRST UNIT TEST [July] : Tempest- Act 4, Prose - The Story of an Hour,
Poem- The Darkling Thrush

FIRST ASSESSMENT : 1) All the Topics taught in this term for Prose
and Poem.
2) Tempest - Acts 3, 4 and 5

2nd TERM

Month	Chapters	Topics	No. of Periods
September	10	Prose: B. Wordsworth	4
October	10	Prose: B. Wordsworth	1
	8	Poem: Dover Beach	6
		Revision :Tempest	4
November	5	Poem: Crossing the Bar	6
		Revision	6

REVISION TEST [December] : Tempest - Acts 1 and 2;
Prose - Chapters 3 and 4;
Poem - Chapters 1 and 9

PRE- BOARD : The full syllabus.

PROJECT : Question:

Virtually every character in the play 'The Tempest' expresses some desire to be lord of the island. Discuss any two of these characters. How does each envision the island's potential? How does each envision his own rule?

BENGALI (2ND LANGUAGE)

1st TERM

Month	Chapters	Topics	No. of Periods
April	11	Koni	5
		Adab (Prose)	4
		Bagdhara (Grammar)	4
May		Jodi Nirbasan Dao (Poetry)	3
June		Lachmaner Maa (Prose)	2
		Rastha Karor Ekar Noy (Poetry)	2
		Ekti Tushi Gacher Kahani (Prose)	2
	12	Koni	2
		Ashuddho Sanshodhan	2
July		Essay	3
		Swadhinatha Tumi (Poetry)	4

		Naa Paharar Pariksha (Prose)	4
		Ek Kothay Prokas	2
		Comprehension	3
August	13	Koni	3
		Nun (Poetry)	3
		Sabder Besistarhak Proyoug	2
		Essay	2
	14	Koni	3
		Bakya Paribartan	2

FIRST UNIT TEST (JULY): Koni (Chapter-11), Adab, Bagdhara,
Jodi Nirbason Dao

FIRST ASSESSMENT: Full Syllabus of 1st Term

PROJECT 1: Tomar kono paribarik onusthane ongsho grohon er obhigotta

2nd TERM

Month	Chapters	Topics	No. of Periods
October		Ora Kaj Kore (Revsion)	3
	1	Koni (Revsion)	3
		Baccho Poribortan	2
		Ek Kothay Prokas	2
November		Thakurda (Revsion)	3
		Pub-Paschim (Revision)	3
	2	Koni (Revision)	4
		Taser Ghor (Revision)	4
		Bagdhara	2
		Sadhu O Chalit	2
December		Bonolata Sen (Revision)	2
	3	Koni (Revision)	2
		Anacher (Revision)	2
		Barno Parichay (Revision)	2
		Essay	2

REVISION TEST (DECEMBER): Ora Kaj Kore, Thakurda, Bonolata Sen,
Koni (Chapter-1 and 2), Anacher,
Bagdhara, Baccho Poribortan,
Ek Kothay Prokas

PRE-BOARD (JANUARY): As per ISC Syllabus

PROJECT 2: Samprodayik dangar potobhumi te lekha “Adab” gopo ti ekti bishuddho manob prem er golpo. Dhormiyo boisommo, jatigoto boiritar urdhe uthe sutakoler mojur o majhi r manobik somporoko boro modhur hoye utheche. Golper kahini onusorone somokalin rajnoitik poribesh alochona koro ebong golpe manobikotar prokash o porinoti bishleshon koro.

HINDI 2ND LANGUAGE

1st TERM

Month	Chapters	Topics	No. of Periods
April	7	Kya Nirash Hua Jaye?	8
	7	Jag Tujhko Door Jana Hai	5
May		Apathit Gadyansh, ISC Pattern Vyakaran	6
June	8	Bhaktin	7
	8	Udyami Nar	3
July	9	Badal Ko Ghirte Dekha Hai	4
	9	Sanskriti Kya Hai	6
August	2	Ashadh ka Ek Din	6
	3	Ashadh Ka Ek Din	15
		Muhawaren, Vakya Sudhian	1
September		Revision Of Text Books	5
		ISC Pattern Vyakaran.	5

FIRST UNIT TEST (JULY): T B-Kya Nirash Hua Jaye?, Jag Tujhko Door Jana Hai. ISC Pattern Vyakaran.

FIRST ASSESSMENT: T B- Gadya- 7, 8, 9 Kavya- 7, 8, 9. Ashadh Ka Ek Din Ch-2,3. Nibandh, Apathit Gadyansh. ISC Pattern Vyakaran.

PROJECT 1: Aatankwad-Manviya Sanvedna Par Kutharaghat.

2nd TERM

Month	Chapters	Topics	No. of Periods
October	10	Majburi	6
	10	Andhere ka Deepak	3
November		Revision Of ISC Syllabus	

REVISION TEST: (DECEMBER): Ch- Sanskriti Kya Hai, Majburi, Badal Ko Ghirte Dekha Hai, Andhere Ka Deepak. Apathit Gadyansh, ISC Pattern Vyakaran.

PRE BOARD EXAMINATION: ISC Syllabus.

PROJECT 2: Kahanikar Tatha Upanyaskar Ke Roop Main Munshi Premchand ji ki Bhumika par Prakash Dalte Huye-Putra Prem kahani Ki Samiksha.

POLITICAL SCIENCE

1st TERM

Month	Chapters	Topics	No. of Periods
April	1	1. Forms of Government	7
	2 & 3	2. Forms of Government [contd]	6+4
May	4	3. Constitution	8
June	9	4. Preamble	4
		5. Salient features of the Indian Constitution	10
July	5	6. Franchise and Representation	14
	10	7. Fundamental Rights	7
August	11	8. Directive Principles of State Policy	9
	12	9. Local Self -Government	10

FIRST UNIT TEST [May] : Forms of Government [Chapters 1 and 2]

FIRST ASSESSMENT : All the Topics taught in this term.

2nd TERM

Month	Chapters	Topics	No. of Periods
September	6	1. The Legislature	4
October	6	2. The Legislature [contd]	8
	13	3. Democracy in India	5
November	7	4. The Executive	10
	8	5. The Judiciary	10

REVISION TEST [December] : Chapters 2,3,9 and 13

PRE- BOARD : The full syllabus.

PROJECT : Identify and explain the electoral reforms that are urgently needed in India.

HISTORY

1st TERM

Month	Chapters	Topics	No. of Periods
April	7	World War- II	3

	10	Protest Movement	6
	1	Towards Independence and Partition	6
May	2	Establishment and Development of Indian Democracy	6
June	3	Challenges to Indian Democracy	7
July	9	Cold War	8
August	4	Changing Face of the Indian Democracy	8
		Revision	

FIRST UNIT TEST (JUNE): Chapter 7- World War II- Causes, Consequences
Chapter 10- Protest Movement- King Martin Luther and Nelson Mandela

FIRST ASSESSMENT: All topics covered in first term

PROJECT: Nelson Mandela

2nd TERM

Month	Chapters	Topics	No. of Periods
September	5	India's Foreign Policy	8
October	6	Movements for Women's Rights	5
	8	De-Colonisation in China, Ghana and Kenya	6
November	11	Middle East	6
December		Revision	

REVISION TEST (DECEMBER): Chapter 5- India's Foreign Policy
Chapter 8- De-Colonisation in China, Ghana and Kenya

PRE-BOARD EXAMINATION: All topics covered in first and second term.

SOCIOLOGY

1st TERM

Month	Chapters	Topics	No. of Periods
April	2.	Religion and Society	
		i. Definition and Concepts of Religion and Science	2
		ii. Theories of Religion	4
		iii. Functions and dysfunctions of religion	2
		iv. Communalism, Fundamentalism, and Secularism in a plural society	4
		v. Morality and Social control	3

May-June	1.	Social Institutions i. Definition and features of Social Institutions	1
		ii. Types of social institutions(Kinship, Marriage and Family)	12
June	3.	Political Organization	3
July	4.	Economic Organization i. Economic organization	2
		ii. Economies of Indian tribes	5
		iii. Agrarian Economy	5
		iv. Traditional Markets	2
July	5.	Tribal India Past, Present and Future i. Definition of Tribe, Features and Classification	3
		ii. Dormitories in tribal India	3
August		iii. Contact of tribes with wider society	4
		iv. Present conditions, problems and solutions	6
August		Revision for 1st Assessment	

UNIT TEST I (May) : Chapter 2 (Religion and Society)

1ST ASSESSMENT : Chapters 1-5

PROJECT 1 : Changing nature of the Indian Family

2nd TERM

Month	Chapters	Topics	No. of Periods
September	6.	Social Stratification i. Social Stratification: Elements	2
		ii. Class	4
October		iii. Caste	3
		iv. Caste in Modern India	3
		v. Gender	3
		vi. Race and Ethnicity	3
November	7.	Social Change and Development i. Definitions and Aspects of Development	2
		ii. Social Movements	4
		iii. Role of Education	3
		iv. Mass media in creating social change	1
November		Revision for Revision Test	
January		Revision for Pre-Board Examinations	

REVISION TEST (December): Chapter 6 &7

PRE-BOARD EXAMINATIONS : Entire 1st and 2nd Term syllabus

PROJECT II : Religion and Society (focus can be on the biography of a world religion)

COMMERCE

1st TERM

Month	Chapters	Topics	No. of Periods
April	1.	Business Environment	4
	2.	Capital-Fixed and Working	4
May	3.	Sources of Finance for a Joint Stock Company	5
	4.	Banking-Latest Trends	4
June	5.	Management-Meaning, Nature and Importance	4
	6.	Principles of Management	4
July	7.	Functions of Management and Coordination	5
	8.	Planning	3
	9.	Organising	3
August	10.	Staffing	4
	11.	Directing	3
	12.	Controlling	3
		*Revision of 1st Term Syllabus	4

FIRST UNIT (May): Ch.1 & 2

FIRST ASSESSMENT: All Chapters of 1st Term.

PROJECT 1: Find out the procedure to open a savings account.

Find out the details of various Agency & General Utility services provided by the bank.

2nd TERM

Month	Chapters	Topics	No. of Periods
September	13.	Marketing-Concept and Functions	3
October	14.	Marketing Mix	5
November	15.	Consumer Protection	5
		*Revision of Complete ISC Syllabus	7
December		*Solving ISC Sample Test Papers	4

REVISION TEST(December): Ch. 11, 12, 13 & 14

PRE-BOARD: Complete ISC Syllabus of Class XII.

PROJECT 2: Select any business undertaking. Study the selected business in terms of ownership, capital and profitability. Make a S.W.O.T analysis.

N.B: REFER ISC COUNCIL SYLLABUS FOR DETAILS.

ACCOUNTS

1st TERM

Month	Chapters	Topics	No. of Periods
April	1	Partnership Accounts - Fundamentals	7
	2	Reconstitution of Partnership-Admission of a partner	9
May	3	Reconstitution of Partnership- Retirement of a partner	5
	12	Accounting Ratios [Section -B]	2
June	12	Accounting Ratios [Section -B]	5
	4	Reconstitution of Partnership - Death of a partner	3
July	6	Company Account - Issue of Shares	5
	7	Company Account- Issue of Debentures	10
	5	Reconstitution of Partnership - Dissolution of a firm	11
August	9	Final Accounts of Companies [Schedule-III, Part-I]	4
	11	Cash Flow Analysis [Section-B]	12
September		Revision of Chapters	4
		Revision of Chapters	6

FIRST UNIT TEST (MAY): Chapter 1 and 2

FIRST ASSESSMENT: Chapters - 1, 2, 3, 4, 5, 6, 7, 9, 11 and 12

PROJECT 1: Ratio Analysis

2nd TERM

Month	Chapters	Topics	No. of Periods
October	8	Company Account - Redemption of Debentures	8
	10	Financial Statement Analysis	4
November		Revision of ISC Syllabus	20
		Solve ISC Question Papers [5 years]	12

REVISION TEST(DECEMBER): Chapters 1, 2, 5, 6 and 8

PRE BOARDS: ISC Syllabus

PROJECT 2: Financial Statement Analysis

N.B.: Please refer ISC Council Syllabus for details.

ECONOMICS

1st TERM

Month	Chapters	Topics	No. of Periods
April	1	Demand Analysis	20
May	2	The Concept of Supply	9
June	3	Market Mechanism	6
	4	Production	4
	5	Revenue & Cost Concepts	7
July	5	Revenue & Cost Concepts	4
	6	Market Morphology & Determination of Price and Output	15
August	7	Determination of Income and Employment	5
	7	Determination of Income and Employment	5
	8	Money and Banking	15

FIRST UNIT TEST (July): Chapters 1, 2 & 3

FIRST ASSESSMENT: Chapters 1 to 8

PROJECT 1: Money and Banking

2nd TERM

Month	Chapters	Topics	No. of Periods
September	9	National Income	6
October	9	National Income	8
	10	Public Finance	7
November	10	Public Finance	5
	11	Balance of Payments	5
	12	Foreign Exchange Rate	2

REVISION TEST (DECEMBER): Chapters 1, 5 & 9

PRE-BOARDS (JANUARY): ISC Syllabus

PROJECT 2: Circular Flow of National Income

BUSINESS STUDIES

1st TERM

Month	Chapters	Topics	No. of Periods
April	1.	Introduction to Human Resource Management	3
	2.	Job Analysis and Manpower Planning	3
	3.	Staff Recruitment	4
	4.	Staff Selection	4

May	5.	Staff Training	3
	6.	Staff Morale	4
June	7.	Staff Motivation	3
	8.	Staff Remuneration	3
	9.	Staff Leadership	4
July	10.	Staff Appraisal	3
	11.	Staff Promotion and Transfer	3
	12.	Staff Separation	3
	13.	Emerging Trends in Human Resources	3
Aug	14.	Business Communication	4
	15.	Business Correspondence	3
	16.	Reports and Report Writing	4
		* Revision of 1st Term Syllabus	4

FIRST UNIT (June): Ch.1 & 2

FIRST ASSESSMENT: All Chapters of 1st Term.

PROJECT 1: Make a comparative study of any two E-Business in terms of their Nature, Size, Products and Services offered, Functioning and Policies.

2nd TERM

Month	Chapters	Topics	No. of Periods
Sept	17.	Various Business Entities	3
Oct	18.	Sources of Business Finance	4
	19.	Globalisation	3
	20.	E-Business	2
Nov	21.	Outsourcing	3
	22.	Business Regulators and Intermediaries	3
	*	Revision of Complete ISC Syllabus	4
Dec	*	Solving ISC Sample Test Papers	4

REVISION TEST (December): Ch.17, 18, 19 & 20

PRE-BOARD: Complete ISC Syllabus of Class XII.

PROJECT 2: Study any one regulator and the intermediaries under it. Give an account of their functions and how it helps the common man.

N.B: REFER ISC COUNCIL SYLLABUS FOR DETAILS.

MATHEMATICS

1st TERM

Month	Chapters/Topics	No. of Periods
April	● Inverse Trigonometric Functions.	5
	● Matrices.	5
	● Determinants.	7
May	● Relations and Functions.	8
June	● Continuity and Differentiability.	5
	● Differentiation.	5
	● Applications of Derivatives.	4
July	● Indefinite Integrals	12
	● Properties of Definite Integrals	9
August	● Vectors / Application of Calculus in Commerce and Economics	10
	● Revision of First Term	9

PROJECT-1: Explore the principal value of the function (or any other inverse trigonometric function) using a unit circle.)

FIRST UNIT(June): Inverse Trigonometric Functions and Matrices.

FIRST ASSESSMENT: Entire First Term Portion.

2nd TERM

Month	Chapters	Topics	No. of Periods
September	● Applications of Integrals / Linear Regression.		5
October	● Differential Equations.		7
	● Probability.		6
November	● Coordinate Geometry in 3-Ds (Straight lines in Space) / Linear Programming.		10
	● 3-Ds (Planes)		5
	● Revision of First Term		5

PROJECT-2: Section-B (Find the area bounded by parabola and an oblique line)

Section-C (Using any suitable data, find the optimum cost in manufacturing problem by formulating a linear programming problem (LPP).

REVISION TEST(December): Integrals and Differential Equations.

PRE-BOARD EXAMINATION: Full ISC-2023 Syllabus.

***NB :** Refer to ISC Council Syllabus-2023 for Details.

PHYSICS

1st TERM

Month	Chapters	Topics	No. of Periods	
April	1.	Electric Charges and Fields	4	
	2.	Gauss' Theorem	4	
	3.	Electric Potential	4	
May	4.	Capacitors and Dielectrics	5	
June	5.	Electric Resistance and Ohm's Law	3	
	6.	DC Circuits and Measurements	5	
July	7.	Moving Charges and Magnetic Field	4	
	8.	Torque on a Current-Loop: Moving Coil Galvanometer	3	
	9.	Magnetic Field and Earth's Magnetism	2	
	10.	Magnetic Classification of Substances	2	
	11.	Electromagnetic Induction	6	
	12.	Alternating Current	3	
	August	12.	Alternating Current(cont.)	2
		13.	Electromagnetic Waves	1
		14.	Reflection of Light: Spherical Mirrors	3
		15.	Refraction of Light at a Plane Interface	3
		16.	Refraction of Light at Spherical Surfaces: Lenses	4
17.	Refraction and Dispersion of Light through a Prism	3		

FIRST UNIT TEST(MAY): Chapter 1, 2, 3

FIRST ASSESSMENT: 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17

2nd TERM

Month	Chapters	Topics	No. of Periods
September	18.	Optical Instruments	4
October	19.	Wave nature of Light: Huygens' Principle	2
	20.	Interference of Light	2
	21.	Diffraction of Light	2
	22.	Polarisation of Light	2
	23.	Photoelectric Effect	1
	November	23.	Photoelectric Effect (cont.)
24.		Matter Waves	2
25.		X-Rays	1
26.		Atom, Origin of Atomic Spectra: Bohr's Theory of Hydrogen Atom	3

	27.	Nuclear Structure	2
	28.	Radioactivity	3
	29.	Mass-Energy Equivalence: Nuclear Binding Energy	2
	30.	Nuclear Fission and Fusion: Sources of Energy	1
December	31.	Semiconductor Electronics	2
	32.	Junction Diodes	2
	33.	Junction Transistors ²	
	34.	Logic Gates	1
	35.	Communication Systems	1

REVISION TEST (DECEMBER): Chapter 14, 15, 16, 17, 18, 19, 20, 21, 22

PRE-BOARD: AS per ISC Syllabus

PROJECT: As per ISC Syllabus

CHEMISTRY

1st TERM

Month	Chapters	Topics	No. of Periods
April	1	Solid State	6
	2	Solutions	6
May	10	Haloalkanes and Haloarenes	5
June	10	Haloalkanes and Haloarenes (continued)	4
	3	Electrochemistry	6
July	11	Alcohols, Phenols and Ethers	8
	7	p-Block Elements	2
	6	General Principles and Isolation of Elements	4
	4	Chemical Kinetics	2
August	4	Chemical Kinetics (continued)	2
	8	d- and f- Block Elements	2

FIRST UNIT TEST (JUNE): Chapters 1, 2

FIRST ASSESSMENT: Chapters 1, 2, 3, 4, 6, 7, 8, 10, 11

PROJECT: Any one topic selected from the ISC syllabus.

2nd TERM

Month	Chapters	Topics	No. of Periods
September	12	Aldehydes, Ketones and Carboxylic Acids	5
October	12	Aldehydes, Ketones and Carboxylic Acids (continued)	2

	14	Biomolecules	2
	9	Coordination Compounds	6
November	13	Organic Compounds containing Nitrogen	6
	5	Surface Chemistry	4
	15	Polymers	4
	16	Chemistry in Everyday Life	2

REVISION TEST (DECEMBER): Chapter - 5, 9, 12, 13, 14

PRE BOARD EXAMINATION: Full ISC Syllabus

BIOLOGY

1st TERM

Month	Chapters	Topics	No. of periods
April	1	Reproduction in Organisms	2
	2	Sexual Reproduction in Flowering Plants	4
	3	Human Reproduction	4
	4	Reproductive Health	2
May	5	Principles of Inheritance and Variation	5
June	6	Molecular Basis of Inheritance	11
July	7	Evolution	7
	8	Human Health and Diseases	8
	9	Strategies for Enhancement in Food production	6
August	10	Microbes in Human Welfare	6
		Revision work	2

FIRST UNIT TEST (May): Chapters 1 and 2.

FIRST ASSESSMENT: Chapters 1 to 10.

PROJECT: Any one topic as per the Council syllabus.

2nd TERM

Month	Chapters	Topics	No. of periods
October	11	Biotechnology: Principles and Processes	4
	12	Biotechnology and Its Application	4
November	13	Organisms and Populations	3
	14	Ecosystems	3
	15	Biodiversity and its Conservation	3
	16	Environmental Issues	3
		Revision	3

REVISION TEST (December): Chapters 6, 8, 11, 12, 13, 14, 15, 16.

PRE BOARDS (January): Chapters 1 to 16.

COMPUTER SCIENCE

1st TERM

Month	Chapters	Topics	No. of periods
April	1	Boolean Algebra	12
	4	Java Revision Tour	4
	9	Compiling and Running Java Programs	3
	10	Java Classes: An OOP Perspective	3
May	2	Computer Hardware	9
June	3	Objects and Classes	5
	5	Primitive Values, Type Casting and Expressions	4
	6	Statements, Control Structures and Scope	4
July	7	Functions/ Methods 5	
	8	Arrays and Strings	14
	11	Recursion	10
August	12	Concept of Inheritance	12
	13	Simple Data Structures Revision	7

FIRST UNIT TEST (May): Chapters 1 & 4

1ST ASSESSMENT: Chapters 1 to 13

2nd TERM

Month	Chapters	Topics	No. of Periods
October	14	Recursive Data Structures	15
November	15	Computational Complexity	10
		Revision	14

REVISION TEST (December): Chapter 8, 12,13,14

PRE BOARD: As per ISC 2023 syllabus

PHYSICAL EDUCATION

1st TERM

Month	Chapters	Topics	No of Periods
April	1	(Section - A) Sociological Aspect of Physical Education	12
	2	(Section - A) Training Methods (Section - B) Games: Skills, Rules, National and International Bodies etc.	
May	3	(Section - A) Career aspects in physical education	8
June	5	(Section - A) Health Education and Health Problems (Section - B) Games: Skills, Rules, National and International Bodies etc.	14
July	5	(Section - A) Health Education and Health Problems (Section - B) Games: Skills, Rules, National and International Bodies etc.	15
August		Games: Skills, Rules, National and International Bodies etc.	13

FIRST UNIT TEST(JULY): Chapter 1, 2

FIRST ASSESSMENT: All chapters in First Term

2nd TERM

Month	Chapters	Topics	No of Periods
October	6	(Section - A) Sports Injuries and First Aid	13
November	4	(Section - A) Competition and Tournaments	20

REVISION TEST(DECEMBER): Chapter 1, 2, 3

PRE-BOARD: As per ISC Syllabus

PROJECT: Any Two Games from Book (Except Swimming, Tennis, Athletics)

FIRST UNIT TEST : 2022-23

Date	Class 12	Class 11	Class 10	Class 9	Class 8	Class 7	Class 6
02.05.2022	Socio /Comm /Comp/Bio	-----	English Language	2nd Language	Biology	Geography	English Literature
13.05.2022	Pol. Sci/Acc/ Physics	-----	2nd Language	English Literature	Computer	Mathematics	History & Civics
13.06.2022	English Language	-----	History & Civics	Elective	Geography	Chemistry	Physics
20.06.2022	Hist/BST/ Chemistry	English Language	Mathematics	Chemistry	English Literature	English Language	Computer
27.06.2022	Mathematics	History/Comm /Physics	Geography	Biology	Physics	History & Civics	Chemistry
04.07.2022	2nd Language	2nd Lang./Eco B.St./Comp/Bio	Biology	Mathematics	English Language	Computer	Geography
11.07.2022	English Literature	Socio/Acc/ Chemistry	Physics	English Language	History & Civics	Biology	Mathematics
18.07.2022	Economics	Maths/ Pol. Sci.	English Literature	Geography	Chemistry	Physics	2nd Language
25.07.2022	Physical Education	English Literature	Elective	History & Civics	2nd Language	English Literature	Biology
01.08.2022	-----	-----	Chemistry	Physics	Mathematics	2nd Language	English Language

REVISION TEST : 2022-23

Date	CLASS - 12	CLASS - 10
01.12.2022	Political Science / Accounts / Physics	English Literature
02.12.2022	English Language	Biology
05.12.2022	Economics	Mathematics
06.12.2022	Physical Education	Geography
07.12.2022	-----	2nd Language
08.12.2022	History / Commerce / Chemistry	English Language
12.12.2022	Mathematics	Chemistry
13.12.2022	English Literature	Physics
14.12.2022	2nd Language	History & Civics
15.12.2022	Sociology / Business Studies/ Comp. Sci. / Biology	Elective